

# AMPED™ Hydrate

## Who's It For?

- Athletes
- Anyone looking to increase hydration
- Ages 4+



## What is it?

A multipurpose sports drink mix containing vitamins, electrolytes, and fast-acting carbohydrates designed to hydrate and re-energize you during exercise.

## Benefits

### Hydration Support

Contains essential electrolytes, sodium and potassium to help maintain hydration

### Fast-Acting Fuel

Easy-to-digest carbohydrates work to replenish your muscles for increased stamina and elevate performance

### Multi-Purpose Nutrition

With only 35 calories, enjoy as a daily beverage for additional vitamin C, zinc, and B vitamins



## Flavors



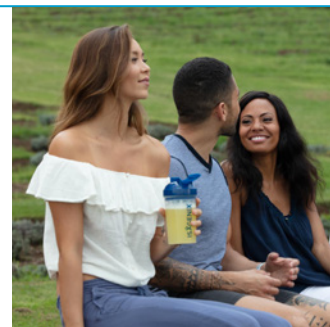
Lemon Lime



Juicy Orange

## How to Use

- **During exercise:** Enjoy 1 stick (2 servings) with 480 mL of water
- **For daily use:** Enjoy ½ stick (1 serving) with 240 mL of water or add one serving to your favorite Isagenix Shake



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For more information, please contact your Isagenix Independent Associate.



Hong Kong